

PATIENT INSTRUCTIONS

24 HR Blood Pressure Monitor - Patient Agreement

The cost of the 24hr Blood Pressure Monitor Test is \$100.00. An upfront payment is required. Eftpos facilities are available, cheques and bank notes accepted.

- There is **no** Medicare rebate for this test – the monitoring is at your expense.

Patient Information:

- The arm is to remain limp at side of body through inflation, deflation
- DAY TIME readings every ½ hour as per clock e.g. 11.00am, 11.30am etc.
- NIGHT TIME readings every hour e.g. 10.00pm, 11.00pm etc.
- Note: if monitor is unable to take recording due to arm movement it will “beep” and wait one minute. It will then try to take another reading. Ensure tubing is not kinked.
- Do not shower, bath or get the monitor wet while undertaking study.
- Do not remove the battery from the monitor.
- **Press the Day / Night key when going to bed – note time**
and again when you **wake in the morning – note time**
- You must ensure that all the equipment used in this study is returned to Pathology North collection centre in exactly the same condition as you received it and within the agreed time.

Due back:

Date: Time:

I have read, understand and agree to the conditions of this agreement.

Name: _____ Signature: _____

Date: _____ Emergency contact: please call your local service listed below

For further enquiries and to make an appointment, please contact:

Northern NSW: Lismore: 02 6620 2900 **Grafton:** 02 6640 2234 **Tweed:** 07 5506 7425

Hunter New England: New England: 1300 654 303, **Hunter:** 02 4921 4000,

Taree: 02 6592 9343

Central Coast: 02 4320 3375

Northern Sydney: 02 9926 4111