

PATIENT INSTRUCTION

PAEDIATRIC URINE COLLECTION

Babies and young children. A clean catch urine specimen is recommended.

Paediatric bags are best not used because they are very difficult to get a good sample of urine without contamination by skin bacteria and cells. For this reason it is preferable to collect a clean catch urine sample.

- Use a sterile yellow top jar and a plastic bag.
- Label the jar with the following details:
 - Surname and Christian name
 - Date of birth
 - Date and time of collection.
- At home, in order to collect a clean catch urine, try collecting after feeding, this often occurs within 30 minutes.
- Remove nappy. Be prepared to catch urine at any time once the nappy is removed.
- Clean nappy area with clean water or wipe with a cleansing cloth.
- Feed baby. Allow the baby to crawl around without nappy on while you have the yellow jar ready to collect the urine. As soon as the urine starts collect from the free flowing stream into the jar.
- A male can be laid on his back after a feed and wait for the stream of urine to collect.
- Secure the yellow top lid to the jar, and label as "Clean catch urine". Place the jar into the plastic bag and seal.
- The sample should be delivered as soon as possible to the collection site. Until delivery store in a sealed bag in the refrigerator. Transport away from heat.

For further enquiries, please contact:

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