

PATIENT INSTRUCTION

75 GRAM ORAL GLUCOSE TOLERANCE TEST PATIENT INFORMATION

An appointment may be required. Please phone the collection centre prior to attending.
If you are ill or unable to keep your appointment, please advise us and make a new appointment.

Your appointment day is:

Date:

Time:

You are required to fast for ten (10) hours. We ask that you do not eat or drink 10 hours prior to the blood test. You may drink water.

The collector will take a fasting blood test, and then give you a glucose drink. You will then have a small amount of blood taken, usually at one (1) hourly intervals, for two (2) hours. The time may vary according to the doctor's request. You will be required to rest quietly at the Collection Centre for 2 hours.

Collection Centre locations are listed on the back of your request form.

For further enquiries and to make an appointment, please contact:

Northern NSW: Lismore: 02 6620 2900, Grafton: 02 6640 2234, Tweed: 07 5506 7425
Hunter New England - New England: 1300 654 303 Hunter: 02 4921 4000 Taree: 02 6592 9343
Mid North Coast: Coffs Harbour: 02 6656 7500, Kempsey: 02 6562 0281,
Central Coast: 02 4320 3375
Northern Sydney: 02 9926 4111