

PATIENT INSTRUCTIONS

FAECES SPECIMEN COLLECTION

1. Collect faeces, in a clean and dry container (e.g. an ice cream container which will sit firmly into the toilet bowl).
2. Using the scoop from the faeces container that has been provided, scoop a sample from the middle of the faeces and ensure lid is firmly tightened. A minimum sample is approximately 5-10 mls or 2-5 grams (1cm square).
3. Ensure that the faeces container is labelled with the your full name, date of birth, collection date and time.
4. Place the sample into a specimen collection bag and deliver to a Collection Centre within 24 hours of collection. The sample must be kept in a refrigerator prior to delivery to the Collection Centre. Do not freeze the sample.

Collection Centre locations are listed on the back of your request form.

For further enquiries, please contact:

Northern NSW: Lismore: 02 6620 2900, Grafton: 02 6640 2234, Tweed: 07 5506 7425
Hunter New England - New England: 1300 654 303 Hunter: 02 4921 4000 Taree: 02 6592 9343
Mid North Coast: Coffs Harbour: 02 6656 7500, Kempsey: 02 6562 0281,
Central Coast: 02 4320 3375
Northern Sydney: 02 9926 4111