

## PATIENT INSTRUCTION

### FIRST PASS URINE COLLECTION

#### For Chlamydia PCR, Neisseria Gonorrhoea PCR

Obtain a sterile 50 ml yellow top container from your doctor or pathology collection centre

#### **Please note**

Patients should not have urinated for at least 1 hour prior to urine collection. Female patients should not cleanse the labial area prior to collection.

A urine sample for Chlamydia PCR should be the first part of any urine you pass.

#### **Instructions**

1. Write your full name and date of birth on the container
2. Pass and collect the first part of your urine into the 50 mL sterile yellow top container. 10mls of urine is required. Fill the container to at least  $\frac{1}{4}$  full.
3. Finish passing the remainder of the urine into the toilet
4. Secure the lid
5. Write the date and time of the collection on the container
6. Return the container to your doctor or to the Collection Centre (with a request form)

#### **Note:**

The specimen should be refrigerated if there is any delay in delivering the sample to the collection centre. Ideally the sample should be received within 24hours of collection.

Collection Centre locations are listed on the back of your request form.

#### **For further enquiries, please contact:**

**Northern NSW:** Lismore: 02 6620 2900, Grafton: 02 6640 2234, Tweed: 07 5506 7425

**Hunter New England - New England:** 1300 654 303 Hunter: 02 4921 4000 Taree: 02 6592 9343

**Mid North Coast:** Coffs Harbour: 02 6656 7500, Kempsey: 02 6562 0281,

**Central Coast:** 02 4320 3375

**Northern Sydney:** 02 9926 4111