

PATIENT INSTRUCTION

SEMEN ANALYSIS

It is extremely important for an accurate result that you endeavour to follow these instructions to the best of your ability.

1. It is imperative to contact the local Pathology Collection Centre (located on the back of the request form) or the contact number below to arrange the best time to deliver the specimen. This is a specialised test that requires special laboratory techniques to perform. Organising a time ensures your specimen will be handled in the most appropriate manner.
2. Both the specimen and the request form must reach the Laboratory as soon as possible after collection (**No longer than one hour**).
3. Obtain a sterile labelled plastic collection vial from the Laboratory or Collection Centre.
4. The specimen must be collected between 3 and 7 days after the last ejaculation (including sexual intercourse, masturbation or "night loss"). Record the number of days since the last ejaculation in the space provided on the bottom of this form.
5. Ensure you empty your bladder and then wash your hands and penis before collection.
6. Collect the specimen by masturbation, ejaculating directly into the container provided. Under no circumstances use condoms or lubricants of any sort. Having intercourse followed by quick withdrawal is **NOT** to be used as this will result in specimen contamination with female cells and often loss of the richest part of the semen specimen, leading to an inaccurate result.
7. Screw the lid of the jar on tightly; complete the label and the form below. Keep the specimen at body temperature (in your pocket close to your body).
8. Deliver the specimen and this completed form to the Collection Centre or Laboratory as quickly as possible (Less than 1 hour). Collection Centre locations are listed on the back of your request form.
9. **DO NOT REFRIGERATE OR ALLOW THE SPECIMEN TEMPERATURE TO RISE ABOVE BODY TEMPERATURE.**

Please complete

Name: _____ DOB: _____

Time of Collection: _____ Date: _____

Days since last ejaculation: _____ Days Has any fluid been lost or leaked? YES/NO

Have you had a Vasectomy? YES/NO If YES, Have you had a reversal? YES/NO

For further enquiries, please contact:

Northern Sydney: 02 9926 4111