

PATIENT INSTRUCTIONS

THREE DAY URINE COLLECTION

For Cytology Testing

Obtain three (3) sterile 50 ml yellow top container from the doctor or pathology collection centre. Patient should be well hydrated and ambulant.

Please note

- A urine sample for cytology should **NOT** be collected from the first urine passed when getting up in the morning.
- A mid-morning urine sample is suitable.
- Only some of the urine passed at this time needs to be collected
- It is important to collect one urine sample each day for 3 days. If possible deliver specimen daily to convenient collection centre. If not possible, refrigerate specimens and transport after day 3 collection.

Instructions

1. Write full name and date of birth on all three containers
2. Pass some urine into the sterile container
3. Secure the lid
4. Write the date and time of each collection on the corresponding containers
5. Return the container to your doctor or to Pathology North Collection Centre (with a request form).
6. Collection Centre locations are listed on the back of your request form.

Note:

The specimen can be refrigerated if there is a delay.

For further enquiries, please contact:

Northern NSW: Lismore: 02 6620 2900, Grafton: 02 6640 2234, Tweed: 07 5506 7425
Hunter New England - New England: 1300 654 303 Hunter: 02 4921 4000 Taree: 02 6592 9343
Mid North Coast: Coffs Harbour: 02 6656 7500, Kempsey: 02 6562 0281,
Central Coast: 02 4320 3375
Northern Sydney: 02 9926 4111