

PATIENT INSTRUCTIONS

Timed Overnight Urine Collection

The last thing before bed, pass all of the urine in your bladder into the toilet – be sure to write the time that you do this on the label of the urine collection bottle that you have been given.

If you get up to pass urine overnight, pass all your urine into the bottle provided. Note that the bottle may have a preservative in it, so do not empty this out.

First thing in the morning, when you get up, pass all your urine into the bottle provided. Be sure to write the time that you do this on the label of the urine collection bottle.

Once you have collected the urine after getting up there is no need to collect any more urine.

Take the urine bottle to your nearest Pathology North Collection Centre.

For further enquiries, please contact:

Northern NSW: Lismore: 02 6620 2900, Grafton: 02 6640 2234, Tweed: 07 5506 7425
Hunter New England - New England: 1300 654 303 Hunter: 02 4921 4000 Taree: 02 6592 9343
Mid North Coast: Coffs Harbour: 02 6656 7500, Kempsey: 02 6562 0281,
Central Coast: 02 4320 3375
Northern Sydney: 02 9926 4111
Northern Sydney: 02 99264111

